



THE FORGE

tomoka student ministry

WHAT WE'RE TEACHING



MAKE IT A HABIT: A 4-WEEK SERIES ON *SPIRITUAL HABITS*

If you're an adult, the idea of spiritual habits is probably pretty familiar to you. Spiritual disciplines, quiet time, devotions — whatever you call it, you've probably established at least a few rhythms that help you grow spiritually. (Or, at least, you're working on it.) The teenagers in your ministry, on the other hand, might need a little help from you to figure out how, exactly, to grow spiritually. So in this 4-week series, **you'll help your students discover four habits that can help them grow spiritually.** The four habits we'll cover are **Spending Time with God, Spending Time with Others, Sharing Your Story, and Using Your Gifts.** By introducing these habits to your students now, you'll help set them up for a lifetime of spiritual growth.